

Oakwood University Dietetic Internship Program Type of Experience/Rotation **Cardiac**
 Weeks of Supervised Practice 1 week Practice Hours 40 Didactic Hours 5

Planned Experiences (Didactic Practice)	Evaluation Strategies	Signature/Date Completed
<ol style="list-style-type: none"> 1. Attend discharge planning meeting. Investigate role of each member of team. 2. Attend Cardiac Rehabilitation classes to learn role of education, exercise and diet to cardiac rehabilitation. 3. Review Escott-Stump (7th ed) section six. Select one patient on cardiac unit and write case history. 4. Screen patients to determine those with potential nutrition risk. 5. Assess patients' nutritional status utilizing medical, nutrition, and medication intake histories, anthropometric measurements, and laboratory data. 6. Select appropriate plan of nutrition intervention and take steps to initiate. Design a nutrition care plan based on current research and practice. 7. Document in patient's medical record all important supportive data and nutritional intervention. 8. Conduct counseling sessions using facility standard care. 	<p>Attendance.</p> <p>Report assignment to preceptor.</p> <p>Review of documentation by preceptor.</p> <p>Documentation of nutrition assessment.</p> <p>Discussion with preceptor.</p> <p>Review of documentation by preceptor.</p> <p>Direct observation by preceptor.</p>	

Cardiac

Planned Experiences (Didactic Practice)	Evaluation Strategies	Signature/Date Completed
<p>9. Use Escott-Stump (7th ed) p 980-981, Table 13-14 Sample Table 13-14 Sample Monitoring and Evaluation Audits for Patient Education to audit effectiveness of medical nutrition therapy following a minimum of one individual patient counseling session.</p> <p>10. Follow patients at nutritional risk and assess value of intervention.</p> <p>11. Develop teaching tool and conduct cardiac education class. Topics to include: diet, eating out, shopping, etc.</p> <p>12. Present a research/case study on a disease with nutritional implications, such as cardiovascular disease, to the hospital dietitians after researching the area thoroughly. Include the drugs (steroids, digitalis, digoxin, antihyperlipidemics, psyllium, antihypertensive, etc.).</p> <p>13. Utilize appropriate audio-visual aids including power or overhead transparencies and provide a bibliography for case study presentation.</p> <p>14. Develop/revise a handout that will be used during presentation.</p> <p>NT 7. 1 Discuss, observe, and evaluate the treatment of rehab patient by OT and ST.</p>	<p>Report assignments to preceptor.</p> <p>Discussion with preceptor and document the medical record.</p> <p>Discussion with preceptor.</p> <p>Case study evaluated for accuracy of content, comprehensiveness, visuals and clarity by preceptors.</p> <p>Observed by preceptor.</p> <p>Review of documentation by preceptor.</p> <p>Report experience to preceptor.</p>	

Type of Experience/Rotation: Clinical Nutrition/Business Entrepreneurship

Strengths:

Areas of Improvement:

Suggestions to help improve the program:

Intern _____ Date _____

Preceptor _____ Date _____

Program Director _____ Date _____