

Oakwood University Dietetic Internship Program Type of Experience/Rotation **Cardiac**  
 Weeks of Supervised Practice 1 week Practice Hours 40 Didactic Hours 5

Planned Experiences (Didactic Practice)	Evaluation Strategies	Signature/Date Completed
<ol style="list-style-type: none"> <li>1. Attend discharge planning meeting. Investigate role of each member of team.</li> <li>2. Attend Cardiac Rehabilitation classes to learn role of education, exercise and diet to cardiac rehabilitation.</li> <li>3. Review Escott-Stump (2008) section six. Select one patient on cardiac unit and write case history.</li> <li>4. Screen patients to determine those with potential nutrition risk.</li> <li>5. Assess patients' nutritional status utilizing medical, nutrition, and medication intake histories, anthropometric measurements, and laboratory data.</li> <li>6. Select appropriate plan of nutrition intervention and take steps to initiate. Design a nutrition care plan based on current research and practice.</li> <li>7. Document in patient's medical record all important supportive data and nutritional intervention.</li> <li>8. Conduct counseling sessions using facility standard care.</li> </ol>	<p>Attendance.</p> <p>Report assignment to preceptor.</p> <p>Review of documentation by preceptor.</p> <p>Documentation of nutrition assessment.</p> <p>Discussion with preceptor.</p> <p>Review of documentation by preceptor.</p> <p>Direct observation by preceptor.</p>	

**Cardiac**

Planned Experiences (Didactic Practice)	Evaluation Strategies	Signature/Date Completed
<p>9. Use Escott-Stump (2008) p 896-900, Rubric for Evaluating Patient Contact Effectiveness as reference to audit effectiveness of medical nutrition therapy following a minimum of one individual patient counseling session.</p> <p>10. Follow patients at nutritional risk and assess value of intervention.</p> <p>11. Develop teaching tool and conduct cardiac education class. Topics to include: diet, eating out, shopping, etc.</p> <p>12. Present a research/case study on a disease with nutritional implications, such as cardiovascular disease, to the hospital dietitians after researching the area thoroughly. Include the drugs (steroids, digitalis, digoxin, antihyperlipidemics, psyllium, antihypertensive, etc.).</p> <p>13. Utilize appropriate audio-visual aids including power or overhead transparencies and provide a bibliography for case study presentation.</p> <p>14. Develop/revise a handout that will be used during presentation.</p> <p>15. Discuss, observe, and evaluate the treatment of rehab patient by OT and ST.</p>	<p>Report assignments to preceptor.</p> <p>Discussion with preceptor and document the medical record.</p> <p>Discussion with preceptor.</p> <p>Case study evaluated for accuracy of content, comprehensiveness, visuals and clarity by preceptors.</p> <p>Observed by preceptor.</p> <p>Review of documentation by preceptor.</p> <p>Report experience to preceptor</p>	

Type of Experience/Rotation: Clinical Nutrition/Business Entrepreneurship

Strengths:

Areas of Improvement:

Suggestions to help improve the program:

Intern \_\_\_\_\_ Date \_\_\_\_\_

Preceptor \_\_\_\_\_ Date \_\_\_\_\_

Program Director \_\_\_\_\_ Date \_\_\_\_\_