

**Curriculum for Supervised Practice**

**Oakwood University Dietetic Internship Program**

7000 Adventist Blvd, Huntsville, Alabama 35896

Program Director: Marta Sovyanhadi, Dr.PH, RD, LD/N

Community Nutrition Curriculum: WIC(120 hours)/Diabetes (80 hours)/Wellness (40 hours)

**Revised March 2011**

240 Supervised Practice Hours and 10 Didactic Hours

<i><b>Planned Experiences:</b></i>	<i><b>Evaluation Strategies:</b></i>	<i><b>Signature/Date Completed</b></i>
<b>DI 2.10</b> Serve in professional and community organizations such as District ADA Association, Red Cross, soup kitchens, etc.	<i>Notation by preceptor of intern's ability to involve and serve professional and community organizations such as District ADA Association, Red Cross, soup kitchens, etc.</i>	
<b>DI 2.12.</b> Demonstrate professional attributes such as advocacy, customer focus, risk taking, critical thinking, flexibility, time management, work prioritization and work ethic within various organizational cultures.	<i>Direct observation by the preceptor.</i>	
DI 2.12 Conduct all patient care activities with respect for the patient's rights (i.e., confidentiality, informed consent, privacy).	<i>Direct observation by the preceptor.</i>	
DI 2.12. Follow the clinical and administrative policies and procedures of the facility (i.e., dress code schedule).	<i>Direct Observation.</i>	
DI 2.12. Use discretion in asking questions or making statements in front of, or regarding patients/families.	<i>Direct Observation.</i>	
DI 2.12 Manage personal affairs in a manner that does not interfere with professional responsibilities.	<i>Direct Observation.</i>	

<p><b>DI 2.13</b> Perform at least two self-assessments, and develop personal goals and objectives for career development, prepare a draft portfolio for professional development as defined by the Commission on Dietetics Registration.</p>	<p><i>Program director verifies attendance. Discussion with program director and classmates on issues and goals related to professional development.</i></p>	
<p><b>DI 2.14</b> Demonstrate assertiveness and negotiation skills while respecting life experiences, cultural diversity and educational background in pertinent assignments and activities</p>	<p><i>Observation of intern by preceptor demonstrating these skills and meeting and/or exceeding expected standards.</i></p>	
<p><b>DI 3.2</b> Identify a current nutrition-related topic and develop a television sound bite, radio spot, newspaper, magazine, or website article, for use during National Nutrition Month/Diabetes Awareness Month.</p>	<p><i>Public Service announcement, taped media or Journal Club rubric finalized by Program Director/preceptor of an article published in local or facility newspaper.</i></p>	
<p><b>DI 3.5</b> Be respectful and use evidence-based content in all situations while addressing questions from patients/clients and or consumers.</p>	<p><i>Interns will be evaluated by preceptors in all areas for their ability and/or capacity for answering questions in an accurate professional and respectful manner that takes into consideration the economics and culture of the patients/client group.</i></p>	
<p><b>CO1</b> Attend District Association meeting/class meeting and identify current legislation issues related to food, nutrition, or health care system.</p>	<p><i>Participation in seminar documented by preceptor/program Director.</i></p>	
<p><b>CO2</b> Review regulations set by outside agencies to which the facility must adhere. (Federal, State, Local, Joint Commission, etc.).</p>	<p><i>Verbal</i></p>	
<p><b>CO3</b> Identify the degree to which the State Licensure law affects the facility's hiring practices and budgets.</p>	<p><i>Verbal</i></p>	

<b>CO4</b> Identify funding and grant writing opportunities (as appropriate) within different facilities. Participate where appropriate.	<i>Direct Observation</i>	
<b>CO5</b> Develop lesson plans. Conduct at least one nutrition education class for clients (WIC, Wellness Center, Cooperative Extension, Head Start).	<i>Preceptor evaluates the subject content, accuracy of information, and effectiveness in presentation.</i>	
<b>CO6</b> Develop and administer, if appropriate, a pre and post-test to assess the client's knowledge, behavior, or attitude before and after nutrition intervention.	<i>Discuss evaluation summary with preceptor</i>	
<b>CO7</b> Coordinate the planning of an educational training session for a group of paraprofessionals or healthcare professionals with the relevant learning objectives, and educational materials tailored for the target group with evaluation component.	<i>Preceptor evaluates planning and coordination skills based on feedback from audience involved.</i>	
<b>CO8</b> Within WIC, use pregnant weight grid to determine appropriate weight gain. Suggest any necessary referrals after reviewing hemoglobin/hematocrit data, dietary intake, medicines, previous pregnancies, substance abuse, and any other relevant data.	<i>Preceptor documents intern's participation.</i>	
<b>CO9</b> Note screening factors used in each facility. Engage in facility screening activities.	<i>Preceptor documents intern's participation</i>	
<b>CO10</b> Perform anthropometric measurements on at least one client and interpret data.	<i>Direct observation.</i>	
<b>CO 11</b> Gather data on socioeconomic factors, clinical data, medical history, utilization of food assistance programs, lab findings, and determination of abnormalities.	<i>Collaborate with preceptor to interpret data.</i>	

<p><b>CO 12</b> Conduct/teach a nutrition or exercise class for the community (school district, health department, shopping mall, or workplace). Suggested topic:</p> <ul style="list-style-type: none"> <li>❖ Eating the Healthy Way</li> <li>❖ Food Label Investigation</li> <li>❖ Individualized Portion Size</li> <li>❖ Exercise for Healthy Weight</li> </ul>	<p><i>Program Director/preceptor will help review the nutrition intervention program.</i></p>	
<p><b>CO 13</b> Conduct nutritional assessment and identify nutritional risks and barriers to behavior change.</p>	<p><i>Report results to preceptor.</i></p>	
<p><b>CO 14</b> Participate in annual nutrition education plan to evaluate outcomes of the WIC/Headstart/City Schools community based-food and nutrition programs.</p>	<p><i>Observation by preceptor.</i></p>	
<p><b>CO 15</b> Participate in WIC/other community nutrition services surveillance data collection:</p> <ul style="list-style-type: none"> <li>❖ Month of pregnancy prenatal care began</li> <li>❖ Total mother weight gain throughout pregnancy</li> <li>❖ Infant status at post-partum visit</li> <li>❖ Duration of breastfeeding Infant age when formula started or others.</li> </ul>	<p><i>Report plan and outcome measures to preceptor.</i></p>	
<p><b>Diabetes</b> <b>CO 16</b> Calculate appropriate number of calories required by a diabetic patient.</p>	<p><i>Observation by preceptor.</i></p>	
<p><b>CO 17</b> Translate diet meal information and utilize health status of patient to develop an individualized meal plan.</p>	<p><i>Review of meal plan with preceptor.</i></p>	
<p><b>CO 18</b> Instruct patient on use of meal plan and exchange list system/carbohydrate counting. Design a nutrition care plan based on current research and practice.</p>	<p><i>Observation by preceptor; feedback to occur.</i></p>	

<b>CO19</b> Discuss with patient basics of diabetes and how diet relates to management of disease.	<i>Direct Observation.</i>	
<b>CO 20</b> Discuss importance of exercise program in management of diabetes.	<i>Direct Observation.</i>	
<b>CO 21</b> Discuss behavior modification principles for management of diabetes with clients.	<i>Direct Observation.</i>	
<b>CO 22</b> Observe RD/RN teaching diabetes education classes and then participate as needed. Develop and review educational materials for management of diabetes.	<i>Verbal feedback from preceptor.</i>	
<b>DI 4.12</b> Participate at least 2 times in the coding and billing of dietetics and nutrition services to obtain reimbursement for services from public or private insurers	Evaluation performed by preceptor of intern's capacity to complete the reimbursement process with expected standards met.	
<b>Wellness</b> <b>CO23</b> Develop a concept map for at least one common medical condition (see sample in Escott-Stump (7 <sup>th</sup> edition) Appendix C, p 989) as a reference guide for member of the healthcare team during a nutritional counseling session.	<i>Preceptor evaluates revisions concept map for accuracy and comprehensiveness.</i>	
<b>CO24</b> Observe members of the healthcare team during a minimum of one individual counseling session and evaluate their counseling strategies using check list in Escott-Stump (7 <sup>th</sup> ed), Appendix B, p 974-5 as a reference.	<i>Review results of evaluations with preceptor and discuss differences in counseling strategies.</i>	

<p><b>CO 25</b> Develop lesson plans. Conduct at least one nutrition education class for clients (WIC, Wellness Center, Cooperative Extension, Head Start).</p>	<p><i>Preceptor evaluates the subject content, accuracy of information, and effectiveness in presentation.</i></p>	
<p><b>CO 26</b> Develop and administer, if appropriate, a pre and post-test to assess the client's knowledge, behavior, or attitude before and after nutrition intervention.</p>	<p><i>Discuss evaluation summary with preceptor.</i></p>	
<p><b>CO 27</b> Market the community nutrition program with flyers or using local newspaper and/or radio.</p>	<p><i>Program director/preceptor reviews completed assignment before presenting/publishing.</i></p>	
<p><b>DI 4.4</b> Participate in a public policy activity including both legislative and regulatory initiatives, such as write a letter to their congressman regarding nutrition legislation/policy or attend and report on a public policy meeting or webinar.</p>	<p><i>Preceptor /Program Directors evaluate intern's understanding of pertinent issues through discussion.</i></p>	
<p><b>NT 6.1</b> Participate in an orientation session of the use of such equipment as skinfold calipers, syphgomamometers, glucose monitor and other anthropometric and general health assessment measurement tool in diabetes care center, wellness center or others.</p>	<p><i>Direct observation by preceptor</i></p>	

Type of Experience/Rotation: **Community Nutrition/WIC/Diabetes/Wellness**

Strength:

Areas for Improvement:

Suggestions to help improve the intern/program:

Intern \_\_\_\_\_ Date \_\_\_\_\_

Preceptor \_\_\_\_\_ Date \_\_\_\_\_

Program Director \_\_\_\_\_ Date \_\_\_\_\_