

Clinical Rotation Intern Task List

Assessment

Interns need to be able to explain the following:

- patient diagnosis and chief complaint
- medications
- laboratory data
- types of procedures (KUB/kidney ureter bladder...) with results
- anthropometrics (height, weight trends, IBW and % IBW) (if it is difficult to attain this information then interns needs to be able to contact the family or nursing staff)
- skin integrity (decubitus ulcers or difficult wounds)
- diet order (is the current diet order meeting the nutritional goals?) please note the **% of intake** via the nursing notes and/or calorie counts if one has been started.

Problems

What nutritional problems exists? **Please document** all of them and be able to explain them all to your clinical instructor.

Potential Problems: Weight loss (**document the reason!**)
Low protein stores (albumin)
Complicate DX (ESRD, CHF, DM)
Swallowing Difficulty
N/V/D
**These are few potential problems

Intervention

Interns need to be able to explain his/her intervention to aid the nutritional status of the patient. Examples of intervention:

- Calorie count
- Nutritional supplements (diabetic or high protein options or..)
- Does the patient need an alternative method of feeding? (examples include tube-feeding or PPN/TPN..if the patient does require this the recommended program needs to be completed on your note to insert in the patient's chart)
- Diet instruction
- Outpatient referral (Diabetic Clinic/Cardiomyopathy Clinic)

Outcome (s)

These need to be measurable

Oakwood College Dietetic Internship Program
Marta Sovyanhadi, Dr.PH, RD
Program Director
256-726-7228
msovyanhadi@oakwood.edu